

# SANDRA HUBER

Yoga teacher BdY/EYU, Yoga therapist



## MY EXPERIENCE WITH YOGA

- in the last 20 years in touch with yoga
- four years yoga teacher training BdY/EYU in Munich
- one-year yoga therapist training in India
- four-year intensive study of the Indian wisdom texts in India
- since June 2018 in a 3-year advanced training in Yoga-Philosophy with R. Sriram in Munich

I'm looking forward to you!

NAMASTE

Sandra

[www.ananya-yoga.com](http://www.ananya-yoga.com)